

Identification & Tracing of Contacts

Contact Tracing Support for Staff and Students

The guidelines evolve. Below is the current guidance as of October 8, 2020. Click on the links provided below for the most recent guidelines. Staff or students with confirmed COVID-19 may not return to school sites until:

No longer having a fever (<100.0°F or higher) without the use of fever-reducing medicine like Advil, Tylenol, or aspirin) and significant improvement of your other symptoms (cough, sore throat, headache, etc.) **and** at least 10 days have passed since symptoms first appeared.

Staff or students with symptoms of COVID-19 who have not been tested or evaluated by a medical professional are assumed to have COVID-19. Those with symptoms of COVID-19 may not return to sites until the same criteria listed above have been met, or staff member has a statement from a medical professional that clears them to return to work based on an alternative diagnosis.

Staff or students with close exposure to persons known to have COVID-19 may not return to work until the end of the 14-day self-quarantine period from the last date of exposure.

Return-to-work guidance cannot anticipate every unique situation and Public Health guidance is changing frequently. Therefore, always coordinate return dates with HR and Health Services as they are working closely with Sacramento County Public Health to ensure best practices.

Contact Tracing Support Team

The TRUSD Contact Tracing Support Team includes:

- Coordinator of Health and Wellness
- Human Resources Manager
- Human Resources Director
- TRUSD School Nurses

Procedures are clearly outlined to track both staff and student contact tracing support between Sacramento County Public Health and TRUSD in flowcharts and detailed procedures outlining responsibilities of the Contact Tracing Support Team.

Actions that staff will take when there is a confirmed case: Confirm that the school(s) have designated staff persons to support contact tracing, such as creation and submission of lists of exposed students and staff to the local health department and notification of exposed persons.

Staff or students with confirmed COVID-19 may not return to school sites until CDC and Sacramento County Public Health guidelines have been met. See these links for the most current guidelines:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

Return-to-work or school guidance cannot anticipate every unique situation and Public Health guidance is changing frequently. Therefore, members of the TRUSD Contact Tracing Support Team will be working closely with Sacramento County Public Health to ensure best practices in the contact tracing work, using their latest guidance [Recommended COVID-19 Guidance for Schools](#). See the school/cohort setting scenarios below, which were updated 9/17/2020.