

Additional Resources for Families:

- ❖ [Talking with Children about Coronavirus Disease 2019](#)
- ❖ [Videos for Kids and Parents | Coronavirus Information](#)
- ❖ [More Best Ideas for You and Your Family](#)
- ❖ [Introducing Your Child to Wearing a Mask](#)
- ❖ [16 Activities to Practice Mask Wearing](#)
- ❖ [8 Things to Practice With Your Kids Now for COVID-19 Classroom Safety](#)
- ❖ [Back to School Planning and Packing COVID-19](#)
- ❖ [How to Get Your Kids Comfortable With Wearing Masks, Broken Down by Age](#)

Social Emotional Learning/Mental Health and Wellness

- TRUSD recognizes the critical role in-person instruction plays in the health and wellness of students.
- Isolation of “shelter-in-place” along with the stress and anxiety associated with COVID-19 and distance learning has taken a toll on students and their mental health.
- Teachers will continue to receive training and coaching to assist in forming meaningful connections and engaging students during Phase 1 of instruction.
- Counselors, school psychologists, and mental health personnel are ready to provide varied levels of supports to students and families in all phases of our return to instruction.
- The following are SEL and Mental Health & Wellness resources for parents and students:
 - School-based counseling
 - Suicide prevention training for all certificated staff
 - Positive Behavior Interventions & Supports (PBIS)
 - Restorative Practices
 - Social Emotional Learning and curriculum
 - TRUSD Mental Health and Wellness website with links to resources
 - Care Solace information, mental health service referrals and support, crisis hotline (888) 515-0595
 - National Suicide Prevention Crisis Line: (800) 273-8255
 - Teen Help Line: (800) TLC-TEEN

Academic Supports

- Identification and prioritization of essential learning standards
- Formative assessments for learning gaps
- Tiered levels of support and interventions in small groups
- Added tutoring for identified students
- Web-based supplemental support curricula in both English Language Arts and mathematics

