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TWIN RIVERS UNIFIED SCHOOL DISTRICT

FULL IN-PERSON RETURN

2021-2022 School Year



A MESSAGE FROM THE SUPERINTENDENT

Dear Twin Rivers Families,

On behalf of the dedicated team of teachers, administrators and staff at Twin Rivers Unified School District (TRUSD), I'm excited to welcome our students and families back to kick off the 2021-22 school year.

Our team has been working hard to prepare our campuses and facilities for the return of full-day, in-person learning this August. We had a very successful re-opening with our hybrid model earlier this year, and we are eager to provide that same positive experience this fall.

While we are proud of how our school community responded and adjusted to remote learning during the pandemic, we are looking forward to having our students back in the classroom for a full academic year with their teachers and classmates.

The road to reopening has certainly had its share of challenges; however, we have invested and adapted along the way to ensure we are providing our students with the tools and resources they need to be successful, no matter what learning environment they are in. TRUSD remains committed to supporting all members of our school community with a safe, productive and positive return to campus.

This is a very exciting time for TRUSD – the 2021-22 school year marks a welcomed return to a more normal routine for our community. We are planning for the future to ensure our offerings, curriculum and facilities can continue serving the diverse needs of our current and future generations of students. We look forward to sharing more about plans to continue upgrading our classrooms and facilities in the coming years.

We developed this Back to School Handbook to provide you with all the information and updates you may need as you prepare your student(s) for the upcoming school year.

Families like yours, and the school community that support us, are the cornerstone of our success. As a community, we rise together and hope that you share the same excitement and enthusiasm that we do about returning to the classroom. You are a vital part of our success and we want to express our most sincere thanks for your patience and support over the last 16 months. We are thrilled to start this next step of our journey together. We look forward to seeing you and our students soon.

Dr. Steve Martinez
Superintendent

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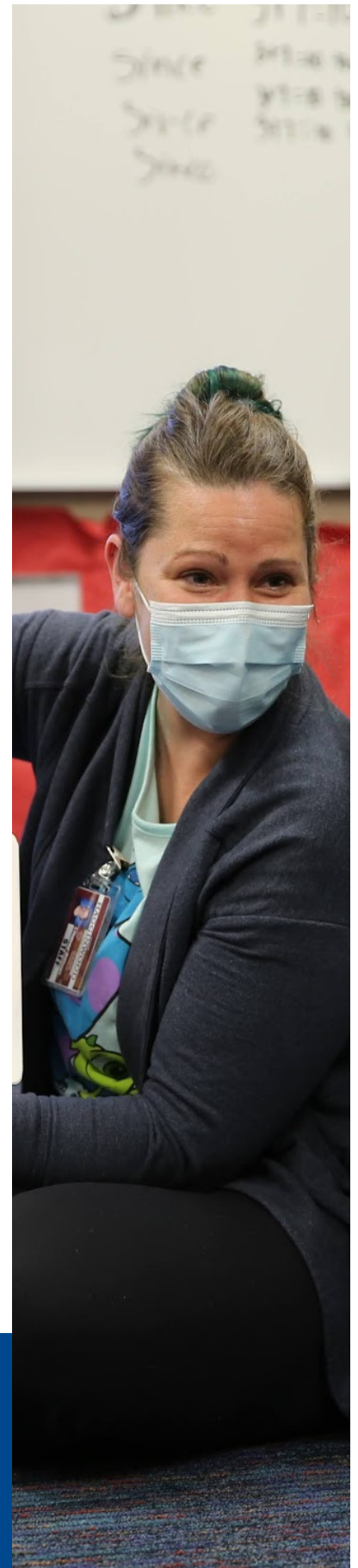
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WELCOME BACK

TO TWIN RIVERS UNIFIED SCHOOL DISTRICT!

Twin Rivers Unified School District (TRUSD) is excited to welcome all our students back to full-day, in-person instructional programming. A lot has changed over the past 16 months, and this guide was developed to provide information to students, parents, families and staff as they prepare for a return to the classroom this fall.



EARLY EDUCATION/ELEMENTARY

- Students will be on campus five (5) days a week for full days of in-person instruction
- ASES and after school programs will resume according to 2019-20 schedules
- Masks will be required in all indoor spaces
- Field trips and other events are planned to occur virtually unless circumstances change



SECONDARY

- Middle school and high school students will be on campus five (5) days a week for a full schedule of in-person instruction
- Athletic practices and other extracurricular activities will resume
- COVID testing will no longer be required or provided for all athletes
- Field trips and other events are planned to occur virtually unless circumstances change
- Masks will be required in all indoor spaces





WHAT'S NEW?

As TRUSD returns to in-person learning, we will be offering additional services and support programs to help our students thrive.



STUDENT WELLNESS AND SUPPORT FOR STUDENT GROUPS

- More mental health services will be available for students, such as one-on-one counseling, schoolwide wellness campaigns, training for positive school culture, and crisis management
- More staff will be available to connect families with resources and provide ongoing support
- Additional behavioral health support for students struggling to transition back to the school environment
- More direct services will be offered for students with learning differences and disabilities

ACCELERATION OF LEARNING

- More student support teachers at elementary school sites
- More opportunities for one-on-one tutoring and personalized learning support
- Increased course offerings for secondary students for enrichment and credit recovery
- Enhanced technology for all students who need it
- Additional support in general education classrooms for secondary students
- Early intervention and counseling support for transitioning freshmen
- Added Multi-Tiered Systems of Supports (MTSS) for secondary students in addition to those in place for elementary and middle school students
- Additional teacher training to support identification of learning gaps and appropriate interventions

ONLINE OPTIONS FOR STUDENTS

While we are excited to offer open campuses for in-person learning, we understand that some students and families are unable or may not be ready to return to the classroom. We have options available for all students, and are offering an independent study program for online students to continue furthering their education as part of the TRUSD family.



EARLY EDUCATION/ELEMENTARY

- Keema School for Independent Study is now offered for K-6th grade students in addition to the 7-12 program.
- Students will need to disenroll from their home school and enroll in Keema to access this option.
- This option provides daily teacher interaction and support.
- Online learning program provides standards-aligned curriculum for students.
- Students with an IEP will be required to meet and review services to ensure program needs can be met through this option.



SECONDARY

- Keema School for Independent Study is offered to 7-12th grade students.
- Students will need to disenroll from their home school and enroll in Keema to access this option.
- This option provides weekly teacher interaction and support.
- On-site learning labs are provided for additional support.
- Online learning program provides a standards-aligned curriculum that meets the A-G criteria for students.

For more information about our District's independent study for students, please contact Student Services at 916-566-1620.





DAILY ROUTINES ON CAMPUS

TRANSPORTATION

TRUSD will continue providing students with daily transportation to and from our school's campuses. Additional health and safety measures have been implemented for our bus fleet, including daily sanitation of surfaces and required wearing of masks for riders. If you have questions about transportation to or from school, please visit our website or call your school's administrative office.

RECESS

Students will be able to use playground equipment and participate in sporting activities during recess, following the latest public health and safety guidelines.

LUNCH/MEALS

Students will eat lunch on campus. Our campuses have added additional outdoor spaces for students to utilize during the lunch period. Students will be able to eat meals with friends, following the latest public health and safety guidelines.

AFTER SCHOOL PROJECTS

ASES after school programs will now be **offered at all elementary campuses** to provide enrichment and homework support for students.

Additional tutorial programs and credit recovery options will be available. Inquire at each campus for specific information regarding these supports.

ATHLETICS

We are excited to return to our normal sports schedule during the upcoming school year! Our student-athletes will have the opportunity to excel both in the classroom and while competing in athletic events at the highest level against competition from across the Sacramento region.

SAFE AND HEALTHY

A PROMISE TO OUR STUDENTS, FACULTY AND STAFF

GUIDANCE FROM PUBLIC HEALTH OFFICIALS

TRUSD will continue to monitor and be in close contact with local and county health officials and will adjust policies based on their expert guidance and recommendation. We will notify students, families, and staff immediately of any changes in health and safety protocols.

SAFETY PROTOCOLS

Face coverings will be required inside all TRUSD schools and facilities. Face coverings will be optional when utilizing outdoor grounds on campus. We have implemented new protocols and procedures at all of our campuses to ensure our students and staff have the proper personal protective equipment and all surfaces are thoroughly disinfected and cleaned.

UPGRADED AIR FILTERS

High-grade, MERV 13 HVAC filters are used in buildings throughout the District, and the filters are routinely inspected and changed.

TRUSD has always made the health and safety of our students, families and staff our highest priority. As we return to the classroom, we will continue to prioritize their health and wellbeing with rigorous safety standards.

HYGIENE

Hand sanitizer will be available throughout our schools and facilities. Our school's maintenance staff will ensure that restroom and handwashing sinks are continuously stocked with soap and paper towels.

COVID-19 TESTING

TRUSD will partner with the California Department of Public Health to offer rapid antigen tests to any student who has on-site symptoms or an on-site exposure to COVID-19. If students feel sick or have been in close contact with someone known to test positive, they should call their school's office for more information on testing.

VACCINATION

Our District encourages those who are able and eligible to get vaccinated against COVID-19. TRUSD and the Del Paso Heights Vaccination Clinic continue to host pop-up clinics for those ages 12 and older. [Click here for more information about COVID-19 vaccine for children and teens.](#) [Click here to register.](#)



STAYING SAFE AT SCHOOL

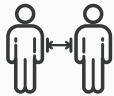
TRUSD is closely monitoring directives from the state of California and the Sacramento County Department of Public Health. We will keep students, families and staff informed of any changes to our District's policies or procedures.

Here are some ways your student can be safe at school:



01 WEAR A FACE COVERING

Face coverings will be required for all students, staff and visitors while indoors. Masks are optional outdoors for all in K-12 school settings.



02 SOCIAL DISTANCE

Talk with your student about the importance of physical distancing throughout the school day. Distancing requirements will be based on the recommendations from the Sacramento County Department of Public Health.



03 DAILY HEALTH CHECKS

Parents are asked to screen students daily at home and keep children at home who are exhibiting any symptoms or who are not well.



04 COVID-19 TESTING

TRUSD will partner with the California Department of Public Health to offer rapid antigen tests to any student who has on-site symptoms or an on-site exposure to COVID-19.

BACK TO SCHOOL CHECKLIST

To ensure a smooth transition back to in-person learning five (5) days a week, make sure both you and your student have accomplished the following tasks. Feel free to check off each box as you go!

CHECK TRUSD'S WEBSITE FOR THE LATEST INFORMATION ABOUT COVID-19

Visit <https://www.twinriversusd.org/News/Coronavirus-Updates/index.html> for all the latest information about COVID testing protocols and updated information about COVID-19.

MAKE SURE YOUR STUDENT HAS A FACE COVERING

Face coverings will need to be worn by students and staff at all times when indoors on campuses, regardless of vaccination status. Make sure your student has an extra face covering. If your student should need a face covering for any reason, one will be provided.

GET VACCINATED

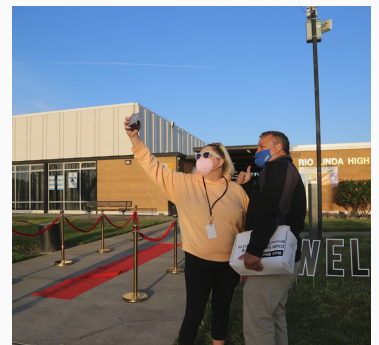
The COVID-19 vaccine has been proven to be safe and effective for everyone 12 years of age and older. The vaccine not only protects you, but helps stop the transmission of COVID-19. While vaccinations are not required, we highly encourage all community members, staff and students who can get vaccinated to do so.

PRACTICE NEW ROUTINES

As students transition back into the classroom, it is important that routines and expectations be established around the new school environment. Practicing a new routine can help make your student's transition back to the classroom easier.

EARLY PREPARATIONS

You can help your child prepare in advance by establishing "school day routines" one week before the start of classes. If not already established, begin with set morning and bedtime routines and scheduled meal times.



BACK TO SCHOOL CHECKLIST

QUESTION

How will school be different for my student this year, compared to pre-pandemic times?

ANSWER

In many ways, this school year will feel similar to pre-pandemic times. Students will be on campus in-person five (5) days a week. The differences will include the required wearing of face coverings, an increased focus on disinfecting surfaces and implementation of additional health and safety protocols.

QUESTION

What prompted TRUSD to re-open campuses for in-person learning five (5) days a week?

ANSWER

TRUSD has been in close contact with state and local public health officials. Following their guidance along with increased sanitation and health protocols, we are confident that our students and staff can safely return to campus this fall. To help facilitate this safe transition back, we encourage everyone to get vaccinated.

QUESTION

What should I tell my child who is nervous about the return to school this fall?

ANSWER

We understand that this transition back to in-person learning can be difficult for students and their families. As we approach the start of the school year, be sure to talk to your student about the changes they will see and help them prepare by starting to implement daily routines prior to the first day of school. If a child is experiencing mental health challenges, families may contact their school's principal to request services from health care experts and local agencies.



For the most up-to-date information on returning to campus and other resources about returning, please visit our website <https://www.twinriversusd.org/News/Coronavirus-Updates/index.html>

Student Symptom Decision Tree

Screen all students for potential COVID-19 symptoms or exposure

Low-risk: general symptoms

High-risk: red flag symptoms



Fever ($\geq 100.4^{\circ}\text{F}$)



Sore throat



Cough



Congestion/runny nose



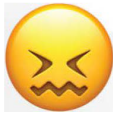
Headache



Difficulty breathing



Nausea/vomiting/diarrhea



Fatigue/muscle or body aches



Loss of taste/smell

Exposure to COVID-19 positive person?

Close contact: less than 6 feet, 15 minutes or longer

