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*To inspire each student to  
extraordinary achievement  
every day*

May 5, 2020

Dear Parent/Guardian:

NOTE: COVID-19 Distance Learning

Due to the circumstances of shelter in place during Spring 2020, comprehensive sexual health education will be delivered in a distance learning format for our high school students only. Our district will be using *Positive Prevention Plus* and *Protect*. The instruction will be delivered between *May 19 and June 3*. Curricula will be adapted for distance/virtual instruction utilizing *Positive Prevention Independent Study* and Google Classroom and Zoom for *Protect*. Due to this distance learning format, it is important for families to ensure that:

- Students have headphones or a private space away from younger children to participate in these lessons.
- Students do not record or distribute any of the instructional material.

Instructional materials remain available for review by parents/guardians; however, that process will need to be managed differently, and may be limited. If you are interested in material review, please email your child's teacher. If parents choose to opt their child out of instruction they can email their request to your child's teacher.

California state law, the [California Healthy Youth Act](#), requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7. *The middle school curriculum will be postponed until the 2020-2021 school year.*

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about value of delaying sexual activity
- Discussion about social views of HIV and AIDS
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations

If you have questions, please contact your child's teacher or principal. You may request a copy of the California Healthy Youth Act (California Education Code Sections 51930-51939) by contacting Laura Lofgren, Director of Curriculum & Instruction and Professional Development.

This instruction will be provided by *[name of teacher]*. State law allows you to remove your student from this instruction. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please give a written request, via email, to *(teacher, etc.)* by May 18.

Sincerely,  
Laura Lofgren  
Director, Curriculum & Instruction and Professional Development