

5th Annual North Sacramento

Wellness Expo:

Mind Body Soul...Community 2018

"We are Tied Together in the Single Garment of Destiny..." -Dr. Martin Luther King Jr.

MONDAY
January 15, 2018

11:00—3:00PM

Immediately following Neighborhood MLK March

Grant High School
1400 Grand Avenue
Sacramento, CA 95838

- Mental Health Information
- Educational Resources
- Financial Literacy
- Health Screening
- Sports Physicals
- Mammograms
- Entrepreneurial Information

AND MUCH MORE!!

FREE EVENT



Diva Market
Small Business Owners
Setting Up Shop!



Adult Education/
Skill development
Information



Various
Art Therapy
Services



Life Saving Images offer
Free Mammograms for
our community women



City of
SACRAMENTO
Councilmember Allen Wayne Warren