Feb. 28, 2020

Dear Staff and the Twin Rivers School Community,

I know that there is growing anxiety and concern regarding the coronavirus. As of this notice, there are no confirmed cases of the coronavirus (COVID-19) in our district. We are working directly with the Sacramento County Office of Education, California Department of Public Health, Sacramento County Public Health, the California Department of Education and neighboring school districts to provide consistent and accurate information for families throughout Twin Rivers in Sacramento County.

Based on recent reports, the health risk to the general public in California remains low. As a safety precaution, we encourage students and staff to continue practicing the same hygiene routines during the regular cold and flu season:

- Wash hands often with soap and water
- Cough and sneeze into your sleeve
- Avoid touching your eyes, nose and mouth
- Avoid contact with sick people
- Stay home if you are sick
- Get your flu shot (Centers for Disease Control and Prevention recommends flu shots for everyone 6 months of age and older)
- The California Department of Public Health does not recommend the use of face masks for general prevention and says that handwashing provides better protection from infectious diseases.

Additionally, as of Feb. 26, 2020, Centers for Disease Control and Prevention recommends that individuals who have recently traveled to China, Iran, Italy, Japan and South Korea should not report to work or school and should contact their medical provider to report their symptoms and travel history.

If you or a family member begin showing symptoms of a respiratory disease and suspect it may be COVID-19, contact your health provider.

Twin Rivers will continue to monitor the situation and provide updates as necessary. If you have questions, please contact communications@twinriversusd.org.

Best Regards,

Steve Martinez, Ed.D.
Superintendent
Twin Rivers Unified