

ECE/CD  
CHILD DEVELOPMENT DEPARTMENT  
5115 Dudley Blvd.  
McClellan, CA 95652

**Physical Examination Requirements**

Dear Doctor:

All children enrolling into Head Start must have a complete **annual physical examination dated within one year from enrollment.**

The following information is required for a physical to be considered complete (CHDP and P guidelines):

- \_\_\_\_\_ Height & Weight (actual measurements)
- \_\_\_\_\_ Hematocrit and Hemoglobin (actual value)-required annually
- \_\_\_\_\_ Blood Pressure (actual measurement)-required annually
- \_\_\_\_\_ Visual Acuity Test (Snellen) 2 (actual results)-required annually
- \_\_\_\_\_ Audiometric 2 (actual results)-required annually
- \_\_\_\_\_ Blood Lead Risk Assessment-required annually
- \_\_\_\_\_ T.B. Skin Test or T.B. Risk Assessment (within one year of initial enrollment)-one time only.

*Thank you in advance for helping to keep me healthy and ready for school.*

