

PUBLIC NOTICE

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MOREY AVENUE SCHOOL HEAD START
155 MOREY AVENUE
SACRAMENTO, CA. 95838

Special Policy Committee Meeting
August 23, 2011 Tuesday
8:30 a.m. – Room 5

AGENDA

I. WELCOME

- A. Call To Order/Roll Call

II. ACTION ITEMS

- A. Budget Modification for Expansion Sites

III. Reports

- A. Education
- B. Enrollment/ERSEA
- C. Health
- D. Mental Health/Social Services
- E. Parent Involvement
- F. Disabilities
- G. SSC
- H. Fiscal

IV. INFORMATION

- A. Update on enrollment
- B. Update on PC for 2011-2012
- C. Information Memorandum ACF-IM-HS-11-02

V. PUBLIC PARTICIPATION

VI. ADJOURNMENT

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MOREY AVENUE SCHOOL HEAD START
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SACRAMENTO, CA. 95838

Special Policy Committee Meeting
August 23, 2011 Tuesday
8:30 a.m. – Room 5

Minutes

I. WELCOME

- A. Call To Order/Roll Call – Meeting called to order at 8:55am. *Members present included Vice-Chairperson Michela Barbosa, Carolyn Wilson, Sarina Richmond and Cammie Brown. Also present was Head Start Director, Tabitha Eaden Thompson.*

II. ACTION ITEMS

- A. Budget Modification for Expansion Sites – *Cammie Brown motioned for approval and Sarina Richmond seconded the motion. Votes were 3-yes, 0-no and 1 abstention.*

III. Reports

Due to the summer break, there were no reports for this meeting. Reports will continue at the September meeting.

- A. Education
- B. Enrollment/ERSEA
- C. Health
- D. Mental Health/Social Services
- E. Parent Involvement
- F. Disabilities
- G. SSC
- H. Fiscal

IV. INFORMATION

- A. Update on enrollment – *Director informed on the full enrollment at this time for all Head Start sites.*
- B. Update on PC for 2011-2012 – *Director informed that Information Sessions will be held at Morey Avenue on Wednesday (August 24th) at 8:30am and Thursday (August 25th) at 1pm for interested Head Start parents.*
- C. Information Memorandum ACF-IM-HS-11-02 – *Director provided information about the IM related to physical education and healthy eating habits. Further reminded the members of the link to the current goal of health and obesity awareness.*

V. PUBLIC PARTICIPATION

VI. ADJOURNMENT

Meeting adjourned at 9:07 a.m.

SETA - HEADSTART MONTHLY FISCAL REPORT
1217 Del Paso Blvd., Sacramento CA 95815


Month: July-11

Agreement No.:

Delegate: Twin Rivers Unified School District
Address: 3222 Winona Way
North Highlands, CA 95660

Program: PA 22 BASIC
PA20
PA26
Other:

Cost Item	Actual Expenses		Current Budget	Unexpended Balance
	Current period & adjustments	Cumulative to date		
I. Personnel	1,213.53	24,930.15	32,270.00	7,339.85
Fringe Benefits	265.54	10,973.72	4,841.00	(6,132.72)
A Occupancy	0.00	0.00	0.00	0.00
D Staff Travel	0.00	0.00	0.00	0.00
M Supplies	0.00	0.00	0.00	0.00
I Other	0.00	0.00	0.00	0.00
N Indirect Costs	1,218.82	81,812.85	96,430.00	14,617.15
I. Total Administration	2,697.89	117,716.72	133,541.00	15,824.28
Non-Federal Admin.	0.00	0.00	0.00	0.00
Total Fed. and Non-Fed. Admin.	2,697.89	117,716.72	133,541.00	15,824.28
II. a. Personnel	5,637.15	709,209.74	747,808.00	38,598.26
b. Fringe Benefits	1,119.81	225,154.59	195,297.00	(29,857.59)
P c. Travel	0.00	0.00	0.00	0.00
R d. Equipment	0.00	0.00	0.00	0.00
O e. Supplies	4,516.98	13,894.90	17,000.00	3,105.10
G f. Contractual	0.00	0.00	0.00	0.00
R g. Construction	56.00	56.00	0.00	(56.00)
A h. Other : Parent Services	0.00	2,032.53	5,500.00	3,467.47
M Student Assemblies/ Field Trips	0.00	8,723.87	6,200.00	(2,523.87)
Policy Council Stipends	0.00	0.00	3,480.00	3,480.00
Advertising	48.88	48.88	500.00	451.12
Nutrition Services Adult Meals	3,853.67	3,853.67	9,450.00	5,596.33
Operating Cost	157.19	15,029.80	8,000.00	(7,029.80)
	0.00	0.00		0.00
Child Services Consultants	0.00	351.48	4,000.00	3,648.52
Local Teachers Travel	0.00	1,284.99	815.00	(469.99)
Staff Development	397.85	1,203.56	4,500.00	3,296.44
Classroom Supplies	0.00	29,798.48	8,500.00	(21,298.48)
	0.00	0.00		
	0.00	0.00		
II. Total Program	15,787.53	1,010,642.49	1,011,050.00	407.51
Non-Federal Program	12,274.38	435,798.20	288,441.00	(147,357.20)
Total SETA Costs (I + II)	18,485.42	1,128,359.21	1,144,591.00	16,231.79


8-10-11
Vassiliki Vervlios 566-1600,66859

Authorized Signature Date Prepared By Phone

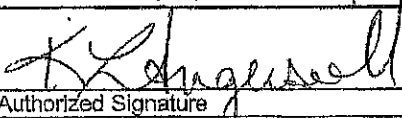
SETA - HEADSTART MONTHLY FISCAL REPORT
 1217 Del Paso Blvd., Sacramento CA 95815

Month: July-11

Agreement No:

Delegate: Twin Rivers Unified School District
 Address: 3222 Winona Way
 North Highlands, CA 95660

Program: PA 22
 PA20 T&TA
 PA26
 Other:

Cost Item	Actual Expenses		Current Budget	Unexpended Balance	
	Current period & adjustments	Cumulative to date			
I A D M I N	Personnel				
	Fringe Benefits				
	Occupancy				
	Staff Travel				
	Supplies				
	Other				
	Indirect Costs				
	I. Total Administration				
	Non-Federal Admin.				
Total Fed. And Non-Fed. Admin.					
II P R O G R A M	a. Personnel				
	b. Fringe Benefits				
	c. Travel				
	d. Equipment				
	e. Supplies				
	f. Contractual				
	g. Construction				
	h. Other, Staff Development	0.00	7,500.00	7,500.00	0.00
	II. Total Program	0.00	7,500.00	7,500.00	0.00
	Non-Federal Program			0.00	
Total SETA Costs (I + II)	0.00	7,500.00	7,500.00	0.00	
 Authorized Signature		8-10-11 Date	Vasseliki Vervilos 666-1600,66859 Prepared By	Phone	

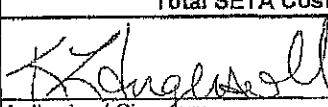
SETA - HEADSTART MONTHLY FISCAL REPORT
 1217 Del Paso Blvd., Sacramento CA 95815

Month: July-11

Agreement No:

Delegate: Twin Rivers Unified School District
 Address: 3222 Winona Way
 North Highlands, CA 95660

Program: Head Start Expansion

Cost Item	Actual Expenses		Current Budget	Unexpended Balance
	Current period & adjustments	Cumulative to date		
I Personnel				
Fringe Benefits				
A Occupancy				
D Staff Travel				
M Supplies				
I Other				
N Indirect Costs				
I. Total Administration				
Non-Federal Admin.				
Total Fed. And Non-Fed. Admin.				
II a. Personnel	993.61	72,217.65	138,407.00	66,189.35
b. Fringe Benefits	309.68	29,888.17	45,415.00	15,526.83
P c. Travel	0.00	0.00		
R d. Equipment	0.00	0.00		
O e. Supplies	15.00	5,093.43	2,864.00	(2,229.43)
G f. Child Services	520.00	1,164.45	2,880.00	1,715.55
R g. Parent Services	0.00	2,073.82	2,221.00	147.18
A h. Operating Costs	14.00	2,031.39	2,000.00	(31.39)
M i. Indirect Charges	123.20	6,784.48	15,328.00	6,543.52
II. Total Program	1,975.49	121,253.39	209,115.00	87,861.61
Non-Federal Program	0.00	51,437.29	52,279.00	841.71
Total SETA Costs (I + II)	1,975.49	121,253.39	209,115.00	87,861.61
				87,861.61
		8-10-11	Vassellki Vervilos 566-1600,66659	
Authorized Signature		Date	Prepared By	Phone

Tabitha.Thompson

From: Liz Aguilar [Laguilar@headstart.seta.net]
Sent: Thursday, August 04, 2011 10:15 AM
To: Amy-Ronsheimer@sac-city.k12.ca.us; Carrie.Nelson; CCharter@egusd.net; edeke1011@yahoo.com; Houa.Lee; ILadd@egusd.net; jellis-omealey@sanjuan.edu; Kim-Lister@sac-city.k12.ca.us; lawilliams@sanjuan.edu; Mahajan, Sudhira; sally-evey@sac-city.k12.ca.us; Tabitha.Thompson; tana@sac-city.k12.ca.us
Subject: Fwd: ACF-HS-IM-11-02: Physical Health and Development

Just a reminder about the importance of including I Am Moving I Am Learning movement activities in your lesson plans -
Liz

>>> "Office of Head Start" <josiey@headstartinfo.org> 8/3/2011 4:31 PM >>>

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ECLKC
Early Childhood Learning & Knowledge Center
"A service of the Office of Head Start"
Toll-free: 1-866-763-6481

ACF Administration for Children and Families	U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES	
	1. Log No. ACF-IM-HS-11-02	2. Issuance Date: 08/03/2011
	3. Originating Office: Office of Head Start	
	4. Key Words: Health, Physical Development, <i>Let's Move! Child Care, I am Moving, I am Learning</i>	

INFORMATION MEMORANDUM

TO: All Head Start Grantee and Delegate Agencies

SUBJECT: Physical Health and Development

INFORMATION:

Head Start continues to recognize the important role physical health plays in a child's development and in laying the foundation for school readiness, as shown by the requirements of the Improving Head Start for School Readiness Act of 2007. Earlier this year, the Office of Head Start (OHS) published the *Head Start Child Development and Early Learning Framework* (the Framework), which outlines the essential areas of development and learning that are to be used by Head Start programs to establish school readiness goals for their children. The first domain of the framework, Physical Development and Health, refers to physical well-being, use of the body, muscle control and appropriate nutrition, exercise, hygiene, and safety practices.

The specific Head Start Program Performance Standards listed below support both the requirements of the Head Start Act and the goals of the Framework:

Active play and movement: 1304.21(a)(5)(i): In center-based settings, grantee and delegate agencies must promote each child's physical development by providing sufficient time, indoor and outdoor space,

equipment, materials and adult guidance for active play and movement that support the development of gross motor skills;

Nutrition: 1304.23(b)(vi): For 3- to 5-year-olds in center-based settings or other Head Start group experiences, foods served must be high in nutrients and low in fat, sugar, and salt;
1304.23 (c)(4): All toddlers and preschool children and assigned classroom staff, including volunteers, eat together family style and share the same menu to the extent possible; and

Breastfeeding: 1304.40(c) (3): Grantee and delegate agencies must provide information on the benefits of breast feeding to all pregnant and nursing mothers. For those who choose to breast feed in center-based programs, arrangements must be provided as necessary.

OHS encourages grantees and delegates to participate in a new effort, "Let's Move! Child Care" (LMCC). LMCC invites child care providers throughout the country to adopt healthy policies and practices on physical activity and nutrition for children. LMCC aligns with both the Head Start Child Development and Early Learning Framework and the Head Start Program Performance Standards. The five goals of LMCC are attached to this Information Memorandum.

OHS' "I am Moving, I am Learning" (IMIL) obesity prevention program is one strategy programs can use to help implement both the Framework and LMCC. IMIL contains specific strategies and resources to increase the amount of moderate to vigorous physical activity that children engage in throughout the day, improve the quality of structured movement activities facilitated by teachers and other adults, and promote healthy food choices among children each day.

The LMCC goals can be used independently or to complement IMIL or other health and physical development approaches that Head Start programs are implementing. Programs are encouraged to reach out to child care providers in their communities to work together in implementing LMCC.

Head Start programs choosing to join LMCC will have access to a variety of on-line resources and will be able to track their progress. Programs that achieve their LMCC goals will receive recognition from Let's Move! For more information on how to participate, visit the Early Childhood Knowledge and Learning Center website: <http://eclkc.ohs.acf.hhs.gov/hslc>.

Thank you for the work you do every day and for taking part in an important effort.

/Yvette Sanchez Fuentes/

Yvette Sanchez Fuentes
Director
Office of Head Start

Attachment: Let's Move! Child Care



"Early childhood settings, including both child care centers and informal care, present a tremendous opportunity to prevent obesity by making an impact at a pivotal phase in children's lives."
-Solving the Problem of Childhood Obesity Within a Generation: a Report to the President from the Childhood

Obesity Task Force.

The Facts:

- Obesity rates among preschoolers ages 2 to 5 have doubled in the past four decades.
- One in five children are overweight or obese by the time they reach their 6th birthday.
- Over half of obese children first become overweight at or before age two.
- Only 25% of children ages 2 to 11 years consume three servings of vegetables a day, and less than 50% consume two daily servings of fruit.
- Preschool children spend over four hours a day watching television and videos, including time in child care.
- 60% of children under 5 are in some form of child care, spending an average of 29 hours/week in that care.
- A 2008 survey by the National Association of Child Care Resource and Referral Agencies reported that 93% of parents thought existing health and safety standards for child care should be improved.

Making Changes for Our Youngest Children:

Recognizing the importance of child care settings in helping our youngest children get off to a healthy start, public and private child care providers across the nation are making changes. Approximately 1,600 centers serving 280,000 children will implement new practices to encourage healthy eating and physical activity and limit screen time as a result of new commitments from the Department of Defense, General Services Administration and Bright Horizons.

Let's Move! Child Care

Join the centers and home-based providers that have already committed to the **Lets Move! Child Care Checklist** by signing up at www.HealthyKidsHealthyFuture.org

- **Physical Activity:** Provide 1-2 hours of physical activity throughout the day, including outside play when possible.
- **Screen Time:** No screen time for children under two years. For children age two and older, strive to limit screen time to no more than 30 minutes per week during child care, and work with parents and caregivers to ensure children have no more than 1-2 hours of quality screen time per day, the amount recommended by the American Academy of Pediatrics.
- **Food:** Serve fruits or vegetables at every meal, eat meals family-style when possible, and no fried foods.
- **Beverages:** Provide access to water during meals and throughout the day, and do not serve sugary drinks. For children age two and older, serve low-fat (1%) or non-fat milk, and no more than one 4-6 ounce serving of 100% juice per day.
- **Infant feeding:** For mothers who want to continue breastfeeding, provide their milk to their infants and welcome them to breastfeed during the child care day; and support all new parents in their decisions about infant feeding.

For free tools and resources go to HealthyKidsHealthyFuture.org. Sign-up for updates and webinars and share your success stories.

Office of Head Start (OHS) | 1250 Maryland Avenue, SW | 8th Floor Portal Building | Washington, D.C. 20024
<http://eclkc.ohs.acf.hhs.gov/> | 1-866-757-6481 | Contact Us

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Twin Rivers Unified School District

Name of Delegate

Policy Committee Members Sign-In Sheet

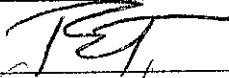
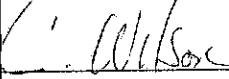
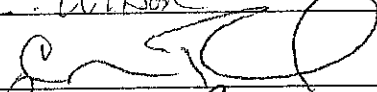

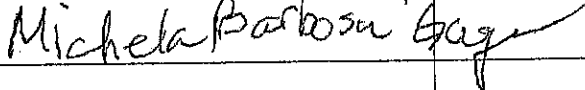
8/23/11

Date of Meeting

Please Specify

_____ # eligible voting representative

_____ # voting representatives present

PC Members Names	Complex	Signature	Payment
1. Tabitha E. Thompson	Director		_____
2. Carolyn Wilson			
3. SARINA Richmond			
4. Cammie Brown			
5. Michele Barbosa Gayle			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			

HEAD START/EARLY HEAD START--REQUEST FOR MODIFICATION

Delegate/Partner: Twin Rivers Unified School District _____

Funding Source: Head Start Expansion _____

Agreement Number: 09SH0012 _____

Date: 8/23/11 _____

I. I/We are requesting the following exhibit(s), attached to the agreement contract referenced above, be modified:

(please check all that apply)

Program Approach	_____	Budget	<u>X</u>
Calendar	_____	Identification of Head Start Centers	_____
Summary of Federal Funds	_____	Component Plan (Head Start)	_____
Other:	_____		

II. The requested changes are:

_____ Program Approach changes – Please attach all forms (i.e. Program Approach, Exhibit E, Exhibit A, etc.) that will be impacted by proposed change.

X Budget changes – Please attach a draft of the modified budget which shows the fiscal impact of the proposed changes. Also, in the section below, please include a discussion of the impact (if any) of the changes on the operation of the program.

Requested Changes: _____

REQUEST FOR MODIFICATION (Continued)

APPROVED BY POLICY COMMITTEE (if required):

DATE OF MEETING: 8/23/11

DATE: 8/23/11

Michela Barbosa Magee
(Signature of Chairperson, Policy Committee)

Michela Barbosa Magee
(Typed Name)

APPROVED BY GRANTEE:

DATE: _____

(Denise Lee, Head Start Deputy Director)

For Internal Use Only

Tracking:

Date Received: _____

Date Approved: _____

(Robyn Caruso, Program Officer)

Date Approved: _____

(Roger Bartlett, Fiscal Manager)

Comments:

Sacramento Teamsters National Black Caucus

11/19/11 - Holiday Inn = Crown Plaza 10pm

\$35 dinner w/dancing

call to order - 8⁵⁵am

out - 9:07am

① budget - motion Mickey 2nd - Sarina B yes & no latstaki

Sarina - May 2011

@gmail.com